

# Religious Science *Youth*

## RSI Teen Seminar

### **RECOMMENDED ITEMS TO BRING TO CAMP**

The following are lists items to insure your personal comfort while you are at camp. We suggest that you plan to bring either a bedroll or a sleeping bag, and one suitcase or a duffel bag - if you can. REMEMBER: you have to keep track of your things AND you have to carry your things at camp. Be certain to bring these with you since the ability to purchase items at camp is very limited if available at all. It is recommended that you bring clothing that you don't mind getting dirty.

#### **RECOMMENDED ITEMS**

- 2-blanket bedroll with sheet or a sleeping bag AND a pillow
- comfy clothing appropriate to season and desired comfort level
- tennis shoes or light hiking boots (open toed shoes are not recommended)
- jacket or heavy sweater with hood
- a raincoat, umbrella and/or large plastic garbage bag for rain protection
- gloves or mittens and hat in cold weather
- 1 toilet kit to minimally include: comb, soap in plastic container or plastic bag, bath towel and wash cloths, toothbrush and toothpaste, small box of facial tissue, chap stick, and sun block
- flashlight
- 1 plastic garbage bag for wet or dirty clothes
- canteen or water bottle (any refillable bottle will do)

#### **OPTIONAL ITEMS**

- battery operated alarm clock (there is no wake-up call)
- musical instruments and/or other stuff for talent show
- camera
- postcards, stamps, paper, envelopes
- 1 pair rubber thong sandals (for showering)
- baseball cap or straw hat (for sun protection)
- Items to "Tie-Dye" (white laundered cotton items are best) – Summer Only
- Dance Clothing (from very casual to very formal – you will see it all)

IMPORTANT FOR WINTER - Please bring extra clothing if possible to change into after other clothing gets wet.

**PLEASE NOTE: ADVISORS NEED TO BRING THE ABOVE ITEMS ALSO**